

IN!

girls'
world

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gifts for the
whole family

Agony aunt

How to solve
problems
with mom

Being in love

what to be careful about

To be stressed or not to be stressed?

What we (don't)
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film studios

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shows her true
face. We know
how she lives.



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When the leaves ripen

When you say November, two things come to my mind. The first is how beautiful the autumn countryside can be. The other is the All Souls Day, a day to remember the dead.

Imagine the seasons are the phases of a human life.

Spring

Birth, new life. The nature starts to sprout, grow, baby animals are borne, everything is bright green. Also a human life begins: birth, first steps, first skinned knees, school, first romance and first disillusion, too.

Summer

The sun shines, nature is at its best, there are blossoms and fragrances everywhere. Humans are the same – full of energy, stamina, they leave the nest of the family and settle down to have their own one.

Autumn Winter

The nature matures and ripens, offering colour variations that are breathtaking and calm at the same time. However, winter with the fallen leaves is approaching.

In human life, wrinkles appear, energy wanes and cold will come one day. It is opportune that the All Souls Day is celebrated in November, the last phase of the year. It is good to remember that winter, death will come. And yet to remember that winter is followed by spring, that death is not the end but a beginning. ☺

Bára

Maths teacher from heaven

A new school year began and I started at high school, or rather, I only came from junior high to senior high. But still, many things changed.

We had new teachers and they approached us differently. We had to study more and it took us a while to come to terms with that.

I did not have too many problems with the change but there was one subject... **MATHS!** How many people hate Maths? I have always had problems with it but at junior high school I got used to the questions in the tests that were similar to those in the text book. But now it was a blow below the belt. We had the best Maths teacher at school but when it came to tests, she was unyielding. She always had questions in the tests that I was not able to deal with. My grades over the three months were far from good.

The term test approaching, I was panicking. I was sure I would mess it up again. I shared my worries with my mum as she was always able to give me advice. She asked: *"Do you pray for souls in the Purgatory? If you helped at least one of them on their way to Heaven, they would never forget it."*

A prayer for a Maths teacher helped me to deal with the Maths. ☺

The initial mistrust turned into curiosity and I was also becoming desperate so I extended my evening prayer. *"My Lord, it is the Maths term test tomorrow. You know I have studied all afternoon. If there is a Maths teacher in Heaven who is able to resolve the arithmetic problems tomorrow, please make them help me. And I want to dedicate all my troubles with the Maths to Maths teachers in the Purgatory. Please bring them to Heaven."* And I added prayers for souls in the Purgatory. And a miracle did happen. None of the treacherous problems appeared in the test that I was so afraid of and I resolved them all easily in the wink of an eye. And I got an "A". I have prayed for souls in the Purgatory ever since on a regular basis, and not only for Maths teachers before tests that I was better and better at. A helping hand of "my Maths teacher" was always over me. I was more and more interested in Maths. In mid term, my grades were between A and B and I had to sit a decisive test. And heavens helped this time, too. With incredible luck and by a whisker, I got an A. I know it is not mine; it belongs to the Maths teacher in the Purgatory. ☺

I am writing this to thank the souls in the Purgatory, to partially pay my debt and to make a little ad for them. ☺ They cannot help themselves to Heaven, only we can do that with our intercessions. They will not owe that to us for long.

To conclude, I only say: **Pray for the souls in the Purgatory, it is really worth it!** ☺

Andrea, 16

St. Jean Maria Vianney says about the help of the souls in the Purgatory: *"If we knew what power these good souls in the Purgatory have over God's Heart and if we knew what mercies can be achieved upon them interceding, we would not forget them so much. We have to pray a lot for them so that they also beg for us a lot."*

Patricie,

a common girl or a star
of "The Street" series?

We all know Patricie as Tereza of "The Street". But what is she like when you meet her in a street? What does she like and enjoy? Is it possible to be a star and, at the same time, a "common" girl?



We are sitting in a café, drinking mineral water. Patricie has just come from the location and I am curious what she is like when she is not Tereza.

✿ What do you like best in the world?

Except for my family, which I love, it would be horses.

✿ Do you have your own horse?

I don't. It is a huge responsibility to have a horse. It is a demanding animal and not only you have to take care of it but also ride it every day. And, unfortunately, I couldn't do that. Also, it is not the best idea to have a horse in Prague ☹.

✿ What is so beautiful about them?

The horses themselves are beautiful and it is great to ride them. I do not ride often in the riding hall, I don't like it that much. I prefer countryside and I don't care about the season, whether it is summer or winter. Nature gives me a lot of energy, and also the horse, the harmony between the horse and the rider.

✿ But the harmony does not arise by itself

Definitely. The horse sees inside you so you have to treat it nicely and also know what you want. The horses sense it when you are afraid and then tease you. You are not their buddy then and they will not bear you. ☹

✿ I have read that you spent your holidays in a children's camp. What brought you there?

It was in southern Bohemia where I ride horses. They also organise children camps and I went

there as an instructor. It was a wonderful experience, both with horses and children. The approach was completely different. I was near horses all day through. I had to take full care of them and make them ready for the kids.

✿ What was your work?

I was in charge of the morning programme for younger kids. I would have never thought I was going to like it so much. I have never done anything like this and it was marvellous. I was really surprised that I was able to positively influence the kids. It actually educates the grown-up, too. You have to be careful how you behave and what you say, because you never know what the kids will remember.

✿ You love animals. Which ones do you share your home with?

I have two cats and a dog. My favourite pet was a budgie. His name was Little Belly Button. He was great. He could talk a little, he could say "Darling" and "Belly Button". He would sit on my shoulder, combing my hair. When I brought a glass of water, he would sit on the rim and bathe.

✿ You use the past tense when talking about him....

Well, on one day, a cat of ours removed him. It was very sad for me, and also instructive. A budgie and cats simply do not fit together.

✿ What is the most important thing in a relationship?

Mutual tolerance, trust. Your boyfriend should be a friend, too, whom you can tell everything,

who is interested in what makes you sad or what makes you happy. It is not necessary that he knows everything, everyone should have their "secrets", their personal freedom, but important things must be said.

✿ What should better be avoided?

Jealousy, definitely. It is not good to control the other one, to read through his mobile and so on. Even a friend can write, "hi, darling" but your partner could be hurt. It breaks trust.

✿ Should girls be active in a relationship?

I think the worst thing is to do nothing. I like taking care of people around me. I think it is nice when a girl is active and surprises her boyfriend. She may buy cinema tickets, cook a dinner, plan a biking trip. Naturally, she can't do that all the time but once in a while, it is a pleasure.

✿ Do you have any role models? Professional, private?

I am not the kind of girl who has posters at home. I never wanted to be like someone else, whether a singer or an actress. You should follow your best knowledge and belief, not to copy. It is a bit stupid to have a celebrity as a role model. You don't know that person for real, you don't know what they are like. They may have very bad values in life and you don't know that yet you still try to be like them.

✿ Is there anybody who inspires you at least?

There are people whom I respect, whom I admire. My sister, for example. She is pretty



body, than
with how im-
portant it is to
have a good relation-
ship with your family.

✿ **When you were a teenager, did your parents bother you?**

Sure they bothered me. As they bother every teenager. But maybe I bothered them more ☹️. I was a bit "retarded" so all the moods came when I was about seventeen.

✿ **How did you solve the problems?**

I was stubborn then and said I was going out with my friends and would come at two. My mother told me to come at ten. Well, and I came home at two. And the fun was over. But seriously, my mother was as patient as a saint with me. I am grateful that she did not prohibit anything because the forbidden fruit is the sweetest. So there was nothing to fight against. There were limits within which I could do what I wanted. I have a very nice relationship with my mum.

✿ **Can you tell our readers how to have a good relationship with their parents?**

It is important to communicate. Go to your mother and tell her where and why you want to go. But don't be defiant and rebellious. To be miffed, to tell them they are horrible – it does not help. You have to listen to them and try to understand them. Very often, when there is a problem, the issue is communication.

✿ **What do you appreciate about other people?**

I feel like a retired person. I am surprised at how young people today have no respect for the elderly. I don't know why that is and

it makes me angry as well as sad. At school, the teachers are not respected and in a tram, a sixteen-year-old boy is often sitting while a lady in her eighties is standing...

✿ **And were you different? Would you have acted otherwise?**

I think our generation was different. I think it was normal. When I see someone carrying a heavy bag I ask them whether they need help. It is a nice feeling for me afterwards. It satisfies me. I feel happy inside for the next three hours. I wonder why people don't do that and look for that. It is worth it ☺️.

✿ **What should a good girl look like?**

A girl should be herself. To be an original. Not to be someone because they say you should be like that. To be considerate, not to be selfish. Girls should not pretend to be tough. It is nice when a girl is a girl, and a woman is a woman. If you want to have a gentleman, you have to be a lady.

✿ **Do you think it works?**

Definitely. Your vibes are important. If you are a tough girl, why should anybody help you to put your coat on? She is tough, she can help herself...

✿ **Advent is approaching. Are you getting ready for Christmas?**

I love baking so I am starting to think what to bake. I shop for Christmas gifts in October. I love Christmas decorations at home. And I like the Christmas atmosphere of the Old-Town-Square markets in the city centre.

✿ **Do you believe Father Christmas brings the gifts?**

Not anymore, unfortunately. My sister revealed the cruel truth to me ☹️.

✿ **How do you spend the Christmas Eve?**

We live in a house and have dinner at the grandparents' on the first floor. The Christmas tree stands on the ground floor where we live. When we were kids, daddy would go downstairs to light the tree and we were waiting so as not to frighten Father Christmas off. Last Christmas, I wanted to go with him but he did not allow me to. He said I could brighten Father Christmas off. We still keep the traditions.

✿ **What do you want for Christmas?**

I prefer giving gifts. Not that I don't like getting them but I love giving them. I think about something and buy it in November and then find it difficult to wait. I am looking forward to that person seeing it and wonder what they would say. So I am looking forward to that ☺️.

✿ **And a message for our readers?**

Stay on top of things. Do not make things too complicated, it is not worth it. And have wonderful Christmas with your family ☺️.

Majka St extends her thanks for the interview.

Are you interested in what it really happens during shooting?

Read the next part of the interview at www.in.cz

and intelligent. She studies Medicine and sometimes it scares me how much she needs to study. I admire her for studying so much. She loves that and gives everything to her studies. It is inspiring to see her (well, sometimes it makes me anxious) how many hours she is able to study. She wants to be good at her studies. And she is very nice, too.

✿ **So we can find inspiration around us. You are an inspiration for girls, too. Do you realize that?**

Yes, I do realize that. When I present the TV series or I am in public, I try to behave myself. On the other hand, I do not pretend anything. For example, I am not the party type. It does not make me satisfied. I have a life. I like being with my friends.

✿ **Can you tell how you might inspire girls?**

I don't think people should imitate me ☹️ but still, I am surprised at how many people have bad relationships in their families. I could contribute with that. For me, the relationship with everyone in my family is very important. I cannot imagine not to be talking to someone. The family is the only thing you have. You do not choose it, you just have it. You choose your friends, your boyfriend – all that can change. But not the family; the family remains. So if I should inspire some-

Does mom know everything better?

Dear team, I love my mother very much but this is something we do not understand each other about at all. Will you help me? I have a group of friends in my city. I would like to spend more time with them at weekends – a concert, movies, a trip. But my mother won't let me go to any event with them. How can I explain to her that they are nice and that she can trust me?

Mili, 14



Dear Mili, this is complicated. You are right and your mother is also right. You will understand that your mother is worried about you and that is why she prefers not to let you go anywhere with your friends. Maybe she does not know your friends at all and that is why she cannot trust them. It might be good to make your mother meet your friends so that she sees she can rely on them.

The situation is different when your parents know your friends but still do not think it is a good idea to let you out with them because they do not seem trustworthy to them. You can talk about it with them and they sure will explain their reasons why they think so. But nothing is lost. You could make a trip organised by an institution or a grown-up person who would assume the responsibility, such as Girls Guides, Hiking Centre, etc. You can have fun and good time there and enjoy it with people you like.

I want to wear the clothes I like

I am in the first grade at a high school and I have played volleyball and swim since I was a little girl. I like comfortable clothes – jeans, sweaters and tie-dyes clothes of all kinds. But my mother does not like that. She always warns me that I look horrible and that the items do not match. She makes me wear skirts, dresses and accessorize. We always end up fighting because of that. Will you help?

Janica, 16



There is one great truth. The clothes loved by the young generation are usually not loved by their parents, and vice versa. Maybe you could find an opportunity to talk calmly, without shouting, to your mother to tell her that you don't like some of the things and will not wear them.

However, there are exceptional moments – such as going to a theatre – when it would be wiser to listen to your mum and not to wear jeans and a T-shirt but better put on a skirt or smart trousers and a shirt. Even these clothes may be according to your taste so that you do not feel like a "candy".

It is important that you and your

mother are able to talk about these issues. This is closely related to another thing: **to find time for each other.** A time when you can share your views likes and dislikes. If you do not find the time, you will only blame each other and fail to understand each other. This will make you feel like your mother ties you in little dresses and skirts while she may be unhappy to have a boyish girl at home who lacks taste. I am sure you will find such time because

you playing sports is probably also thanks to your mother. I am sure she likes that so believe that she loves you just as you are and would not like to change you.

Questions answered by
PhDr. Markéta Kavale

Testimony

of those who have already
experienced

Confirmation

Faith is certainty

I want to be confirmed to be strong and more certain in faith. I want to disseminate the strength of the Holy Spirit and not to be ashamed of that. God is my friend in need as well as in happy times. I can tell everything to Him and I could praise Him all day through. Faith is my greatest certainty. I wish to be taken for an adult in faith. I don't even speak about the gifts of the Holy Spirit inside me. It is wonderful how much God gives us and helps us. I have many nice experiences from the preparations for the Confirmation and also a couple of new friends. And I have even more experiences from the stay at the Diocesan Youth Centre. First, I did not feel like going. But I am very glad I did.

Katka

Prayer gives me energy

Recently, I have had strong experiences from the national youth meeting. It was so encouraging to see so many peers around me who are active in faith. The school of prayer encouraged me a lot. After a week of difficult singing and tight schedule, we could participate in a Taizé prayer. I did not really feel like going and thought we could go to sleep instead. But during the prayer, I learnt how much energy God can give us. After two hours of prayers, I was rested, full of energy, optimism and new enthusiasm. I am so grateful for everything God gave me in my life, what He taught me and what I could experience with Him.

Lucie

I need help

I come from a non-Christian family. Most of my friends do not have the gift of faith. But still, I have faith – thanks to my grandmother. I study at a church school and it is a good place to develop your faith. I want to ask for the sacrament of Confirmation. Not to be able to be a godmother or because somebody forces me to. I want the help of the Holy Spirit. I fight every day, defend my faith and every day, a trial comes in which I want to succeed through His help. I no longer have a soul of child that would protect me from the evil. I am also experienced and would like to assist others. I want to be an adult Christian. The preparations gave me a lot. I learnt many new things although I have classes of religion at school. I finally started to think about things and take part in Christian activities. I would never do it on my own.

Nikola

Beer instead of sermon?

All my family are religious. But my life took another direction. Faith, church and all this bored me. I was thinking about not going to Confirmation. My faith was in ruins. Still, there was something that made me not to fail. One day, I could not wait any longer. I went to a youth meeting where all my friends went to a pub instead of a class of catechism. Nobody wanted to listen to some sermon. When I was sitting there, I was replaying the past years in my head and said: Stop it. I wanted to find Jesus and His love again. I did not want to live like that any longer. I wanted to feel the certainty and calm in my heart I used to feel. It is very difficult but I am starting to live again.

Anežka

Not to be ashamed in front of classmates

I chose the name Paul for Confirmation. I did not persecute Christians but ever since I was a little boy, all my classmates and friends have been laughing at me for going to church. And as my faith was very feeble then and I did not know what it means to be a Christian, my parents had to force me to go to church and the Mass only meant for me that it was over until next week. It all changed when I went to high school. Now I am no longer afraid to tell anybody that I am a Christian and even an altar boy. Since then, I have known that I have the greatest support and that when I am down, I have somebody to rely on. I am not able to count how many times faith helped me in my life. I want to get closer to God. I want to feel the action of the Holy Spirit, I want to be an adult Christian. I want to get deeper into what helps me so much in my life.

Lukáš



Nature as God's possessions

Worshippers or pleasure seekers

It is strange that when Europe thinks about Nature and environment protection, it oscillates between two extremes. The first one is to use the Nature as a source of pleasure. If there is something in the Nature we need, we are going to take it. If there are deposits of some minerals or coal underground, let's take them. The Nature is their source, the value of the countryside equals the value of the minerals contained in it, the value of an animal depends on the value of the wool or meat they

can give us. On the other hand, there is the opposite extreme – worshipping the Nature, as was the case in Avatar. The main hero prays to the Nature there and in the end, the Nature answers his prayers.

But Nature has many facets that can significantly influence the spirituality of a Christian.

That gave rise to hospitals, hospices and protection of life at both its ends.

We are not alone here

Currently, an issue appears whether in addition to the poor of this world, there are also other creatures who are equally unable of wording their rights. Shouldn't we stand up for the dumb creatures, too? It is a great challenge for Christianity – to stress the environment protection. From a Christian point of view, Nature is God's possessions and Christians are responsible for it – not so much vis-à-vis the future generations, but God Himself.

Humans are the only ones capable of wording their prayers and during the Mass, we pray: God, through our mouths the entire universe praises Thee and all the creatures sing to Thee. Humans are mediators of the entire creation and through human mouths, all creatures praise God.

How to treat Nature correctly?

In history, Christians always took care of those who were not able, for various reasons, to word their rights. They took interest in the hungry, thirsty, sick, naked, imprisoned, challenged in any manner.

Prepared on the basis of a TV
Noe programme
"Our house in
the Universe"
presented by
Marek Orko
Vácha



Interaction

Confirmation and Holy Spirit

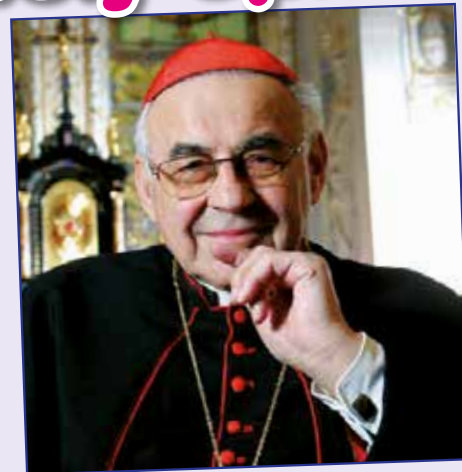
► In your opinion, how does an adult Christian live and act?

St Paul would have an excellent answer to that question, in the Epistle to the Romans (5,5): "God's love has been poured out into our hearts through the Holy Spirit, who has been given to us" and "those who are led by the Spirit of God are the children of God" (ibid 8,14). And Jesus said to apostles: "The Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you" (John 14, 26). And we must not forget the acts of the Apostles (1, 8): "But you will receive power when the Holy Spirit comes on you; and you will be my witnesses." This is a task assigned to everyone upon the Confirmation. Everyone should know by heart at least a short prayer to the Holy Spirit to address him the first thing in the morning.

► Who is the Holy Spirit for you?

For me, the Holy Spirit is the person of the Trinity who implements all God's works. It suffices to think about the coming of Jesus Christ to our world as it happened in the Holy Spirit during the Annunciation. Then we read about the Holy Spirit poured on Jesus when baptised in Jordan, the Resurrection of Jesus and especially establishment of the Church – by the Holy Spirit sent down. The Holy Spirit is active in all sacraments. Transubstantiation in the Eucharist is through the power of the Holy Spirit. He is the personalised mercy. He stays permanently in our insides, causes the presence of Jesus inside us, as Apostle Paul says.

We extend our thanks for the answers to
Cardinal Miloslav Vlk



Stress

= fright and dread?!

*I am late again! Where have I put the papers?
I will not have enough time to write the essay!
I look horrible! They make mock of me at school.
Do you have thoughts like that which make you
anxious? It can be a sign of stress.*

Prehistoric times

At that time, due to risks presented by mammoths and similar cute animals ☺, our bodies were created to produce adrenalin in case of excessive physical or emotional load, which makes us defend ourselves or run away. The prehistoric people must have experienced tons of adrenaline when hunting. But after it was over, they went to their cage and calmly ate all the local specials. Until another group decided to share their mammoth with them. It was the end of a nice evening. ☺

Twenty-first century

We have to go to school, to work, to a training. It certainly is a fight and causes stress and tension. We have to overcome various situations. Then we go home and – we don't have a rest as the prehistoric people did but study for tests, deal with our parents and friends and some of us play a game on their computer. Naturally, one full of dangers and risks. And the rest is over. ☺

It is great to be stressed

Stress can also be positive – when it enhances our creativity, courage and will to live. It can warn not to act against our consciousness. It can be an impulse to rectify a mistake. It can make us act. Remember the last-minute essay, great results of a sports event, or helping a friend who broke her leg when skiing.

Too much of it!

Depending in the seriousness of the threat, the reaction can be a mild one (shaky voice, sweaty hands) or severe (muscles contract, we gasp for breath, we panic). Long-term stress has negative effects on our health – it may cause headaches, fear of the unknown or chronic anger.

WE ASKED AN EXPERT

► How can we prevent stress?

It is good to get prepared for potentially stressful situations – starting at a new school or job, communicating with someone new or unpleasant. The preparation consists in learning more about the things, events, people – for example, finding information about them on the internet or to take a lesson from previous stressful situations.

► How to get rid of stress?

Stress levels can be reduced by exercise, sports, talking to someone else, analysing the situation. Generally, it is not possible to do anything "against" stress so that it does not exist. On the other hand, it can trigger activities – the stress may then be seen as positive. It is also good to have a "couch" in the beginning, for example, a parent who advises how to work with stress – to prevent it, or to deal with stressful situations.

► Is stress really the "driving force"?

It can be for some people while for others, it is not. It depends on everyone's character and whether as children, we are taught to work with the stress – not to be afraid of it, not to avoid it, to make as much as possible for a particular task and then enjoy the work done and accept praise...

Answers by **PhDr. Ilona Špaňhelová**

When we suffer from stress:

In case of emotional strain, such as disappointment, bullying and ridicule, being in love, rape, death of a close person; new situations in life such as final exams, admission exams, a prom night.

How do you cope with stress?

When do you suffer from stress?

Zdenča: For example, before a test at school.

Deniska: I am stressed in a situation that is new to me.

Janča: When I have to meet new people and tell them something, for example as a presenter.

Mili: When I have to go someplace new.

How does it show?

Zdenča: I am nervous, snappy, unpleasant, sometimes I have a stomach ache.

Deniska: I don't feel like myself, I am silent and unable to concentrate.

Janča: I talk a lot and then say a sentence that does not make sense.

Mili: My hands are sweaty, my voice shakes, I blush.

What do you do to fight it?

Zdenča: I try to get rid of it, say some bad words and weep in a place where nobody hears and sees me. I do not fight the stress caused by school – without it, I would not make myself sit down and cram – it is a desired stress.

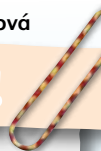
Deniska: I don't fight it particularly; I repeat to myself: You can do it. After all, it is up to the Almighty how things are going to end, whether I am stressed or not.

Janča: A friend once told me to imagine that the people there like me and enjoy listening to me. And it works!

Mili: I try to take a deep breath, to smile. It is good to have a key bag on me with a little plush toy. Then I fidget with it and it makes me calmer.

Editors

Opinion poll



My FIRST girlfriend

I did not feel like going to our summer house with my family and spending a week of holidays with irritating brothers and sisters and in such a lost village. Horrible. But I did not know at that time I would meet HER there...

I fancied Radka the moment I saw her. Slim, blond hair, a nice smile. But I had never dated a girl until then so I did not know how to get closer to her or how to talk to her. A week passed very quickly and I did not have as little as her telephone number. I was angry at myself.

» A surprise at school «

Holidays ended. What a surprise when I saw Radka on my way to school in the morning. She was admitted to the same high school as I was. First, I was full of other problems. I had to choose electives and had a lot of homework. But I admit I was still fancying her. I was glad to meet her every now and then.

» I mustered courage «

When we met in corridors, we smiled at each other. When she said hello, I was glad. It gave me courage. But when I passed by her, I felt her eyes in my back. And then we would meet each other surprisingly often. She would come with a friend to our floor. When I stopped and looked back, she pretended to talk to her friend. They were secretly winking and laughing. My classmates noticed that and I did not like their reactions at all. "Kuba, is that your girl? Too young, isn't she?" And so on and so forth. I was embarrassed and stopped paying attention to her. But the less I noticed her, the more she noticed me.

» Many messages «

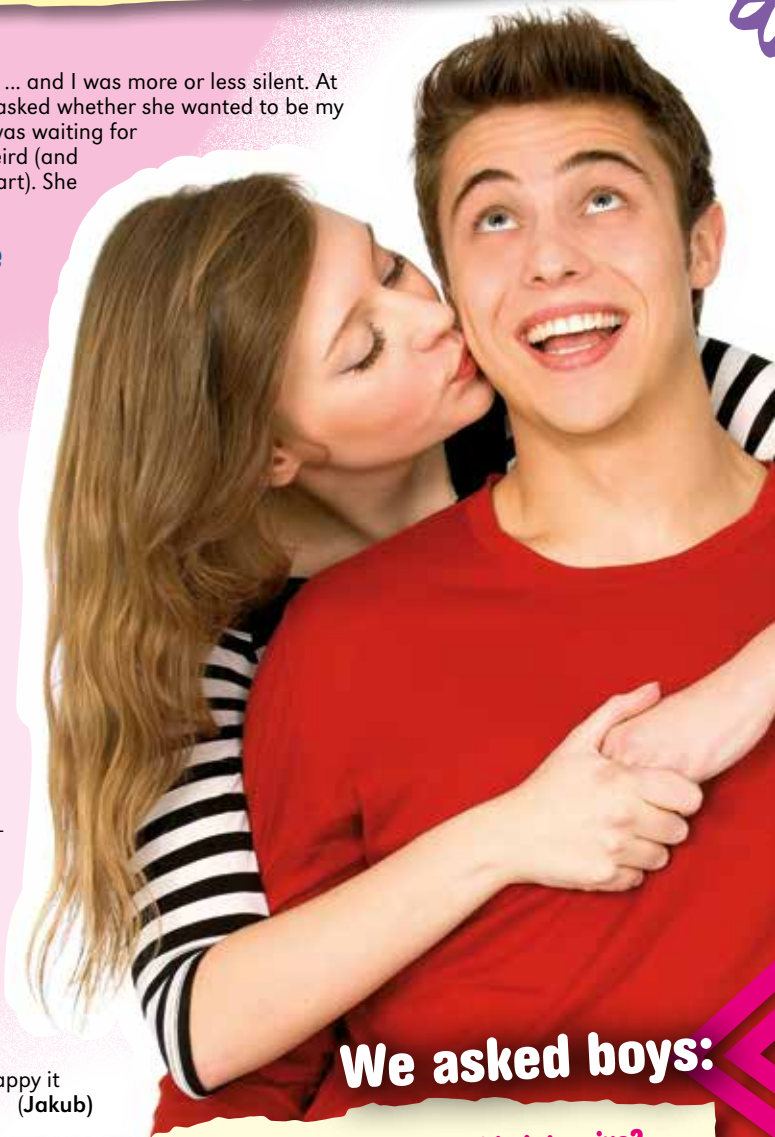
And it all continued. She found me on Facebook and became a friend. I did not decline that. She started to write to me immediately. How I was doing, what happened at school, that I was fabulous to have a picture in the school magazine... It was getting on my nerves a little. On the other hand, I never had a girlfriend...

» She studied me «

After a month, we agreed to meet. And nervous I was! But she had "mapped" me well. Sometimes she asked something but otherwise she was talking ... and I was more or less silent. At the second meeting, I asked whether she wanted to be my girlfriend. I knew she was waiting for that. It was all a bit weird (and as if enforced on my part). She agreed happily.

» Less is more sometimes «

It was worse at school. I wanted to conceal from my friends that we were dating. But every time we met, she called my name and boys understood that their way. I would always feel miserable. I was picked up by a girl! Overall, it was not my cup of tea. She was always writing love messages to me. First, I quite liked it, it was something new and interesting. But it started to bother me with the time passing. It was artificial, involuntary and enforced. I realised I was losing respect for her... Today, I know it was a mistake to let myself be forced to date a girl. Radka could not cope with the breakup for a long time and she was unhappy it was mostly her fault. (Jakub)



We asked boys:

» Are you bothered when a girl comes on to you and is intrusive? «

I think it is good when a girl makes herself known a little and shows interest because not all of us boys are "courageous leaders" who start talking to a girl on their own. Just the other way round, we are not confident and it takes us a lot of time to muster the strength. In such a case, it is great if a girl "intrudes", and a smile may be enough ☺. But be careful. Such a step requires a lot of empathy because if a girl exaggerates and fails to assess the boy correctly, it may have the opposite effect. It is about finding the right limit. But I still think a girl should remain a little "unavailable" (play hard to get a bit) and remain mysterious. (Loul, 20)

It depends on how much I like her. She must not exaggerate trying to get closer. It is really annoying when a girl follows a boy all the time and writes messages until late at night. It is OK when she wants to talk but only to a certain degree. And carefully about flirting. Some boys may seem to like it but it is dangerous for girls. (Jan, 17)

It depends on how intrusive she is. I hate it when a girl pretends to understand everything I like and wants to instruct me on that to seem a top-notch girl. (Ondra, 20)

Experiments



Make sure with the following home experiments that Chemistry can be a funny and useful subject!

CRYSTAL OF FRIENDSHIP

You need: a small glass, string, a small stone, a stick, water and salt

How to do it:

- 1 Pour water in the glass. Slowly dissolve salt in the water. Continue to add salt as long as it dissolves in water. When the salt stops dissolving and crystals remain indissoluble on the bottom when you mix the water, then the solution is saturated. (Like you, when you have eaten enough and just cannot eat more. The solution in the glass also "cannot eat more" and leaves behind the leftovers on the bottom).
- 2 Take the string and attach it to the little stone. Attach the other end of the string to the stick. Place it over the glass so that the stone is immersed in the solution. Put the glass to a sunny place and watch every day what is happening. You can take the crystal out on any day when you like its shape.

CANDLE MAGIC

You need: a jar, two candles of different heights, matches

How to do it:

Light both candles and cover them with a jar. What is going to happen? First, the shorter candle will go out, later on, the taller candle will go out.

How is it possible?

Carbon dioxide produced during burning has higher density than air – it is first stored at the bottom of the jar and then it rises up. That is why the smaller candle is first flooded with the carbon dioxide and it goes out because it cannot burn in it. As the level of the carbon dioxide continues to rise, it reaches the other candlewick and the taller candle goes out, too.

GARDEN FIRE EXTINGUISHER

You need: PET bottle, straw, test tube (you can buy one in a pharmacy or a drugstore), baking soda, washing-up liquid, vinegar

How to do it:

Take a PET bottle and make a small hole in the lid. Put a straw through the hole. Add baking soda in the bottle and a bit of the washing-up liquid. Fill three-quarters of the test tube with vinegar and put the tube carefully in the bottle so that the vinegar does not get in contact with the baking soda too soon. Then close the bottle, cover the hole in the straw with your finger and turn the bottle upside down so that the vinegar mixes with the baking soda and then turn it upright again. Release the straw.

What happens next?

The foam will splash out and you can "fight the fire" ☺.

CHANGES OF VERDIGRIS

You need: small copper plate, soda, water

How to do it: Cleanse the metal plate and drop soda solution on it.

What happens next?

A greenish patina forms on the metal plate, called verdigris. Here, its formation is accelerated.

How is it possible?

The bright surface of metals changes with long-term effects of air. These changes are slow in nature and occur due to the effects of oxygen and other substances in the air. Copper plates turn darker and verdigris is formed; rust is formed on the surface of iron and lead.

MAGIC FIRE

Caution: This experiment must be conducted above a wash basin full of water and always with the assistance of your parents!!!

You need: a glass, (cloth) handkerchief, pliers, lighter, spirit, water

How to do it:

Pour a mixture of water and spirit in the glass (equal amount of both of them). Put the cloth into the mixture, holding it in pliers. Let it soak and take it out. Then set the handkerchief on fire.

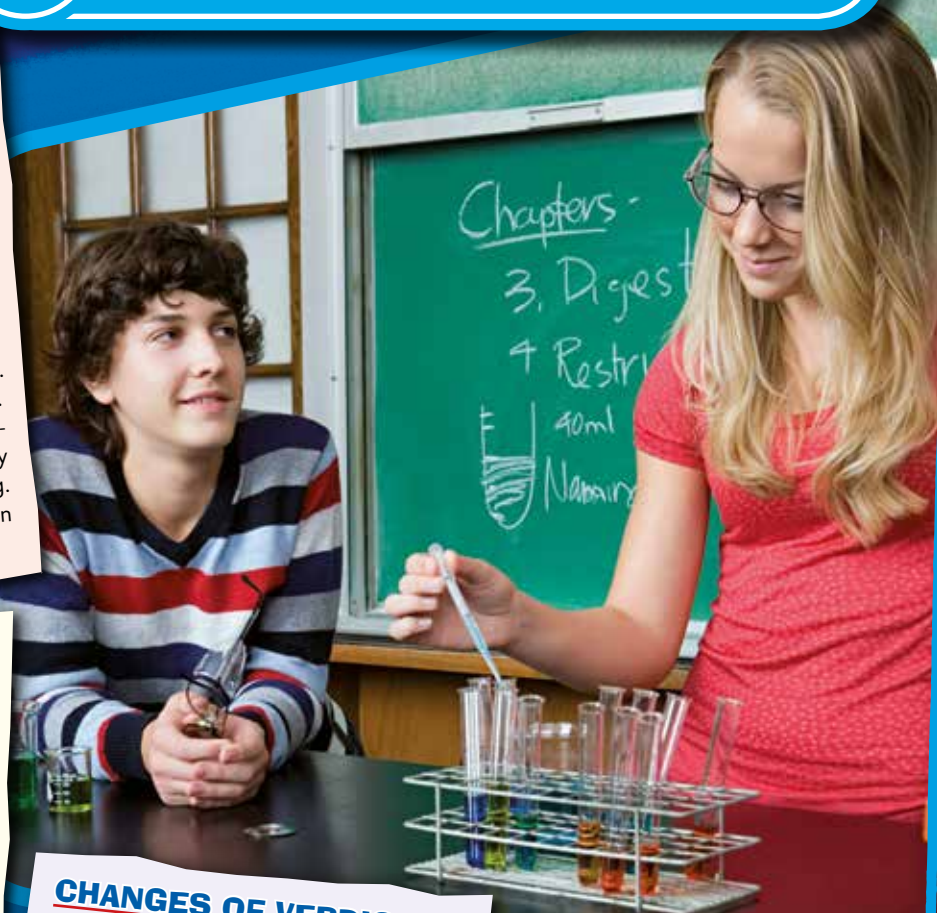
What happens next?

The handkerchief will not burn down!

How is it possible?

The spirit supports combustion, but the water cools down the cloth at the same time. That is why the cloth does not burn down, only the spirit will be burned.

Editors



God will give you wings

Those who met Rugger and Maria Teresa Badano at the National Youth Meeting in Žďár nad Sázavou agreed that they had met the dream parents. The story of their family could be summarised in one sentence. The prayed-for daughter of elderly parents, Chiara Luce, died of cancer at eighteen. But something in her short life was so remarkable that the Church beatified her. Let's look into the life of this interesting family.



Tough school of life

The Badanos come from a small Italian town of Sassello. After eleven years of marriage, their daughter, Chiara, was born on 29 October 1979. Sometimes she was naughty, other times, she made them happy. They brought her up rather strictly. Her mother remembers a day when Chiara came with an apple from the neighbours' garden. She had to take it back and apologise. For this "brave act", she received a basket full of apples from the neighbour. She did not do very well at school but never gave up. The persistence was one of her features. She might have got it from sports she played. She was friendly, funny and became the leader of the parish "team".

Gospel is a book about love

She discovered the Focolare Movement when she was nine. She became interested in what the founder, Chiara Lubich, said to her young followers: "The Gospel must be turned into life and loved, because the Gospel is a book about love. Chiara and her friend Chica got busy with that. Every now and then, Chiara wrote to Chiara Lubich about their efforts. Under the impression from the letters, Ms Lubich gave her the name Chiara Luce (Bright Light). At seventeen, Chiara Luce was diagnosed a malignant bone tumour. When Chiara went for the final diagnosis, her mother was at home, sick. She prayed and waited for Chiara to come back. Chiara returned and

said: "Please don't talk to me now." She was lying on the sofa, fighting her inner fight.

Fight for light

Chiara must have been fighting inside. It is not easy to be so young and to know you can die. Then she smiled at her mother as usual. It was only twenty minutes later. She was able to tell God, in those twenty minutes, the same thing she would often repeat: Jesus, if you want it, I want it too. She never felt sorry for herself after that. In spite of pains, she was happy to support her parents and friends to be brave and live as usual and at



"I am passing my baton, live a full life" was Chiara's message to young people.



full speed. She stopped walking soon and so her room was always full of visitors. Before she died, she said to her mother to tell young people that she was passing the baton because she was near the finish but they should go on running.

I want to be a bride

Her mother and Chica designed and made a white wedding dress for the coffin and chose songs for the funeral. Chiara wanted everything to be cheerful. Be happy because I am happy, too. Those were her last words to her mother.

After twenty years, she was beatified on September 25, 2010 at the Sanctuary of Our Lady of Divine Love in Rome. On the same day, a big celebration was held, her parents and friend Chica present, in Paul VI Audience Hall. Young people from the whole world confirmed that they had picked up Chiara's baton.

Ruggero a Maria

We are experiencing God's love

Ruggero and Maria
at National Youth
Meeting in Žďár
nad Sázavou



• What is it like to be parents of a beatified daughter?

Mother: You know, we always lived a common life. We tried to be in harmony with the God's plan and when Chiara was born it was clear she was part of that plan. Therefore, we saw her illness also as an incomprehensible, but still a sign of God's love. After she died, we were surprised to feel her near us. But everything changed significantly after the beatification.

Father: We travel a lot now because of Chiara and although we are of certain age, we feel she gives us energy. It is strange because she used to say that we would once travel to tell what we had together.

• What did you feel during the beatification ceremony?

Mother: Throughout the beatification process, many people told me: Chiara no longer belongs to you, she now belongs to everybody. It was breaking my heart. Something in me defied that and I prayed to be able to give Chiara to God once again. During the beatification, a large picture of Chiara was hanging next to the altar, covered with cloth. When she was beatified, the cloth was being slowly unveiled and as soon I saw her eyes, I immediately felt strength to say, with real inner conviction: Yes, Chiara is no longer mine, she belongs to everybody.

Father: It was a strong experience, to see the thousands of young people who live as Chiara would have lived at their age. I intensely felt she was more real than had she been sitting next to me on a chair.

• Chiara Luce was lucky to grow up with your faith and support. May kids today live in families that lack the harmony you had.

Mother: Yes, we meet many young people who have hard time in life. They can open their hearts to Chiara Luce, she would have certainly told them to start loving first and not to wait to be loved.

Father: And not to stay alone. They should find friends or a community to support them. They must not be alone. Christians cannot live on their own..



Saint Peter's Square
during beatification

• How does Chiara's presence show in your life?

Mother: Chica, her brother Franz and I have a lot of stories when we feel all of a sudden that we cannot do or say something Chiara would not like us to. Or we know what to do very clearly because she would have done it that way. Chiara was funny and could use humour to resolve many situations. We were tired yesterday and had a small disagreement with Chica and Franz. We settled that but were still a bit sullen. And then we got stuck in a hotel lift. We all thought immediately that it was as if Chiara, with her playful smile, sent a message that until we loved each other, she would not let us out.

• How do you live with Chiara behind your back?

Chica: Chiara and I were great friends. I wish to fill in the gap she left in the life of her parents. I am doing my best but as you know, it is an impossible task.

Franz: I am not religious and Chiara was just one of my much younger sister's friends. I met her when she fell ill and at that time, I started to feel respect for her spiritual life. It seems that especially with me she communicates through her typical humour. The other day I drove to Rome to talk about her and did not feel like going. I was in a hurry and had an inner dialogue with her. "I go to Rome because of you so make sure I can drive fast." And at that moment I arrived at a part of the journey in the mountains that is risky because of trucks. And all of a sudden - a truck in front of me. I was angry: "Great, how about some more." And many more trucks appeared! Moreover, it

It is obvious that Chiara Luce was a daughter of exceptional parents. Father Ruggero, a deep man, a truck driver going all over Europe, was often absent from home but was a support to both

his wife and daughter. He would pray all days through while driving. Mother Maria Teresa is a vigorous woman. She lived the everydayness of Chiara's fight with the illness and encouraged her with unimaginable inner strength. When Chiara painfully asked her: "Will I really never walk anymore?", she was able to answer: "If God deprived you of your legs, He will give you wings."

started to rain. And I thought: "Great, the rain could continue until I arrive at Rome." And it did! I felt like Chiara wanted to tease me because of my bad mood.

• What are your impressions of young Czech people?

Mother: I was surprised how they listened. It was raining but nobody left, not a single person. It was strong.

Franz: I travelled with the Badanos all over Europe. But here the young people inspired me. They listened in an exceptional manner. I see that here, the faith is not only some kind of make-up for young people. It is deep, trustworthy and it is the substance of those young people.

I want to be a beautiful and attractive » woman «

Dear Beauty! Don't be afraid, everybody is beautiful. Somebody only on the outside, someone also on the inside. Me, for example, I preferred Lego to dolls, I wanted to be an Indian when I was 10 and when I was 12, I was slouching because I started to turn into a woman much earlier than my classmates...

How to be beautiful?

Many girls spend hours thinking about this. I used to be one of them. I was worried about frenetic changes happening inside and outside me. I was grateful to all who did not make any comments. I did not know how to talk to boys and I absolutely could not come to terms with the fact that I am a girl. If you are going through similar fights as I was, trust me – it will only get better ☺!

Real ladies

Each woman asks herself whether she is beautiful and each woman has her beauty to be revealed. How to get out of the vicious circle? The answer: To learn to be a woman! Step by step, I came to like the mysterious great task. Books helped me, and I met a lot of ladies who lived and enjoyed their femininity. Let me tell you about two of them...

To be beautiful means: To offer kindness and tenderness

You would certainly love my cute aunt Anežka, almost ninety years old. Every now and then, she realizes she is in need of some new garments and goes shopping. Her life is an advertisement to being a woman. Once I witnessed her coming to a lunch. She stopped in the corridor and asked her son to hold her for a while because she walks with difficulties, she put out a comb and combed her hair, readjusting her hair clip, and only then she came to the table. She is a real lady. She taught me

a real lady takes care of her inner kindness, relies on herself and offers her tenderness and sense of humour to others.

To be beautiful means: To be cheerful and strong

I love sister Adelinde. She joined the convent when she was 16. Now she is over 60 and it is clear that she has been in love with the one to whom she promised to be true. She raised hundreds of kids in the kindergarten. She was watering the garden the other day after an exhausting schedule and I asked her where she was getting the energy from. "She answered: It is all from above," and winked at me. She taught me that a real lady lived her love with devotion and happily. She dances through her life light-heartedly because she expects the strength and hope from the above. Others may rest with her and feel to be loved and accepted.

Beauty flows from the heart

You must have noticed that women who like being women radiate love and grow ever more beautiful. It has nothing to do with wrinkles, acne and weight. The real beauty of a woman grows out of her heart. Amazing ladies always have something warm, soothing and caring as well as brave and strong. It does not mat-

ter whether they like china or rock music, whether they prefer cooking and baking or rock-climbing. They are themselves.

You can make the world nicer

The God has great, brave plans with you as a woman whom He created with desire and joy. Without you, the world would be different. You may have a lot of kids, you may adopt a child, you may become Miss World, you may become a politician, you may give happiness with your smile, you may make somebody open their heart to you because you are empathetic, you may become a nun and flood the world with prayers and blessings.

A difficult journey

Do you sometimes think it would be better to be a man? Do you fail to understand yourself? To love yourself as you are? To learn to love the others and accept them with their faults? To build your inner joy? It is difficult. But it is possible. You do all that to be loved. And you are! You are a beautiful and loved daughter of God whose love is desired by people and God Himself!

Mája

Summer magic

I like autumn, mountains and riding a bike. I love me friends with whom I never get bored and I love Kája most. I am holding his hand and I am happy he is here. But at that time, a little foolishness would have been enough to lose him...

I do not like getting up early, let alone on holidays. With my eyes still shut after too short a sleep, I packed the toothbrush, splashed a little cold water on my face and we could go. Slightly angry, I told myself this really was the last time I was going on holidays with my parents.

♥ I have never loved anybody more than Kája

But Croatia was beautiful. When I first smelt the evening sea and heard the cicadas choir, I thought I would like to stay for more than a week. But I was looking forward to Kája. We had been together for six months and I would have been happy to be there with him. Maybe one day. Before I went to bed, I wrote him a message: "It is beautiful here but I miss you. I am looking forward to being with you." And when he wrote a few nice words back, I went to sleep much better in that hot summer night.

♥ A boy at the bar is smiling at me. And he looks good!

A half of the holiday over, I got a bit bored sunbathing and I felt sad. A smiling, tanned boy was coming from the beach bar. He seemed a few years older than me. I wondered if he was Italian or Croatian. I tried to remember some English words quickly. He came to me. Hi, he surprised me with Czech, why are you not swimming? He sat next to me and we talked for a while. Then he persuaded me and we went for a swim together. The afternoon passed incredibly fast and when I replayed the day in the evening, I was glad to have met a new friend.

We met again the next day and the other one too and we had good time together. I even forgot to send a message to Kája in the evening although I had promised to write every day. I only realized that when he wrote, asking if I was alright. I would have never thought it but I was thinking more about my new friend, Vítek, than Kája.

♥ I am looking forward to evening walks on the beach

The next day, Vítek invited me for a walk in the evening. I spontaneously accepted and I was convincing myself until the evening that it was not a date but just a late-afternoon friendly walk. We walked alone, cicadas went on singing their odes to summer and waves were softly splashing the beach. We stopped under a sweet-smelling pine and Vítek caught my hand. My heart was pounding. He moved his face closer to mine ... a moment as if in a romantic movie. But then I collected myself. Oh my God, what was I doing? I pulled away from Vítek and before he knew, I had tears in my eyes. I ran away. I am sorry, Kája, I am sorry, Vítek!

♥ I am ashamed. I forgot about Kája!

When I met Vítek the next day, I explained everything. He was a bit sad but understood me and wished us luck. I never saw

him again and I only missed a nice friend a little. I was sad to have almost forgotten Kája for several days and also happy that I had been able to stop it while there was still time.

We are leaving. I cannot wait to be at home.

Kája welcomed me with a bunch of flowers he had picked in a meadow. He gave me a strong hug. I missed you, he whispered in my ear. And such a moment is much more romantic than the one on the Adriatic beach. Because I love this Kája.

Marta



When it is raining let's go to the gym

» Work out on the vibration plate «

If you have a vibration plate in your gym, don't be afraid to try it. It is great fun when it is raining outside!

Workout for your legs



1 Stand with your heels together, up straight, knees bent, and stay on the vibration plate. This workout is for your legs, bottom and abs.



2 Stand with your heels together, holding the handle bars. The right foot steps backwards from the plate, then back on the plate with the knee bent. Repeat a lunge backwards with the left foot. Make it a soft, easy one. This workout is for your bottom as well as front and rear of the thighs.



3 Stand with your heels together, back turned to the handlebar of the vibration plate. Hold the bar with your hands and semi-squat. This workout is for your triceps and legs.



Workout for your abs and arms



1

1 Stand with your feet slightly apart, attach the straps to the vibration plate, hold the handles and pull them up with your arms and semi-squat at the same time. This workout is for your legs, arms and back.



2

2 Stand with your feet slightly apart, attach the straps to the vibration plate, hold the handles and pull them up with your arms. When semi-squatting, lift up your knees, changing them rhythmically. This workout is for your abs, legs and arms.



3

3 Sit on the vibration plate, put your feet on the ground, resting on your hands. Lift up the legs with knees together. This workout is for your abs.



1

Advanced workout



1 Sit alongside the vibration plate, holding your knees and move your pelvis slightly up and forward, belly in. Place your feet on the ground (or rest on your tiptoes to make it harder) and move your pelvis up and front. This workout is for your abs. **N.B.** The movement is only several centimetres.



2

2 Lay on your back on a mat with your feet on the vibration plate, your hands behind the back of your head and reach forward while stretching your arms. This workout is for your abs. **N.B.** Suitable only for the advanced with trained abs.



3

3 Sit on a mat, with legs on the vibration plate, hands behind you with elbows slightly bent. Lift up the pelvis slightly and sit down again. This workout is for your triceps as your arms are bent, and for your abs.



Have fun!
Gabriela Němcáková
Lipník fit centre

A Bit of Everything

extracts from the
Catholic Newspaper,
section For the Young

BEAUTY AND KINDNESS OF HEART

It is strange how different human behaviour can be. We are able to save as well as to destroy, to help but also devalue, to donate and to steal as well. It is not difficult to be generous when we can gain something by it, or even show off in front of others. However, true heroes do not remind injustice but show the other cheek, too. I often walk in a small street near the city centre, with nice houses. Most of them have, especially now in summer, the windowsills full of flowers in blossom. They are all cute but one of them is especially vivid. The flowerpots are flooded with colourful geraniums. When I was passing by, I noticed that one week, they were red, the next one crimson, and the next one ruby. And then I saw a message on the window: "For the thief who stole my flowers for the third time: please note that I planted these flowers to make the passers-by happy. If you want to do something similar, I can buy you some, they sell them at the market at the end of the street." The generosity of this lady got me. Her small bravery reminded me of the news I had read some time before. It was about more than two hundred Japanese retired people who voluntarily participated in removal of the nuclear disaster in Fukushima that had struck Japan last year. Engineers and other experts, all older than 60, decided it was better to expose themselves to radiation than to have the risk faced by young staff of the power plant – sons or fathers of families.

It really is wonderful how human humans can be.

Gabriela Miškovičová



A LOT OF HAPPINESS

In the block of flats where we live, there lives a young family in the flat above us. They have two sons and their cheerful eyes look at me from below their red curly hair and their freckled noses never miss the smell of any "suburban adventures". Both of them have always been very lively. When it was rainy, our lamp was dangling from their space transformers plays. As soon as the sun poked out, they would build fortresses, manufactured various devices from tree branches to play with and to defend them against cheeky invaders, they would run in the narrow streets. The older one would help the younger one, make him run faster, help him climb at the playground and protect him from older boys.

The boys are now nine and thirteen. This is still the age of crazy games but some time ago, the stamping and laughter that used to be regular on the floor above us fell suddenly silent. First we thought they had gone for long vacations or moved away.

Then I met the family in the nearby park. They were talking easily, the boys were laughing at something as usual. But there was one great difference. The younger one was pushing the older brother in a wheelchair. He had fallen seriously ill and spent a lot of time confined to bed. He is now healing slowly but he will need to be lucky to get as fit as he used to be. However, he is most lucky to have such a fantastic family and a younger brother who willingly took the role of the caregiver, carrier and entertainer.

REVENGE IS SWEET, THEY SAY

When you google this idiom, you will find a long list of websites suggesting how you can revenge and pay somebody back for the injustice or wrong they caused to you.

Oliver, a father, must suddenly face the loss of his only son of whom he took care after his wife died. An irresponsible driver of a van, talking on his mobile while driving, kills Oliver's eight-year-old son in a second. Oliver, full of pain and despair, promises revenge on the driver. He does not trust the Police and courts and is afraid they would be too unconcerned and decides to take things into his own hands. Before long, he finds the murderer of his son. He stalks him, comes to know his daily routine, discovers what he is afraid of. Oliver also learns that the man cannot swim. He makes a plan and kidnaps the murderer to a boat where he reveals his identity. He tells him who he is, what happened to his son and what death he had planned for him as revenge. The scared man tells Oliver in the boat that on that day, he was driving his injured son, heavily bleeding, to a hospital. It was a matter of seconds and while driving he called to the hospital to expect them. We do not know whether it is true; the driver of the van alleges that he did not even notice, with the stress and speed, that he had bumped into a child. I leave it to the reader's fantasy and choice what Oliver will do in the end: Did he leave the plan for the revenge? Or was he overcome with grief from losing his son? However, the message of the story is clear: we never know the "background" and that is why we cannot judge anybody and pay them back.



Young people enjoy life and world

IN! is sent these days also to Slovakia so we wanted to know what the young people there are like and what they are interested in. We interviewed Gabriela Miškovičová, an editor of the Catholic Newspaper (Katolícké noviny) who specialises in writing for young people. 😊

■ **You are an editor of the Catholic Newspaper in Slovakia. What does an editor need to know, what must they be interested in?**

I think that a good editor should have at least general knowledge of the world, should be interested in everything around them, in what is happening nearby as well as worldwide. They should be thoroughly familiar with their field of work. A rule of a good editor would be: Something about everything, everything about something. What should they be able to do? In particular, to convey the contents in an interesting and truthful manner. An editor of the Catholic Newspaper should, in addition, remember the value of what they write, meaning to write so as to rise the spirit of the readers, to offer an alternative to tabloids and bad-news media, flooding us from all directions.

■ **You write a section for young people. What are they interested in?**

Young people are interested in topics concerning themselves, in what they experience, what they face every day, their joys and sorrows. I think that some elderly people underestimate this generation. I think young people today are very active and committed. They enjoy life and world and want to make it better. They should be supported in that. You cannot find out what the young people live like otherwise than by living with them, being one of them. As I am young myself, this fact-finding is quite easy 😊.

■ **Do you have any feedback from them?**

Sure, it is difficult to do anything without a feedback. The readers of the section "For the Young" which I am in charge of in the

Catholic Newspaper send their messages via Facebook, we receive e-mails responding to some articles, they suggest new topics, send invitations to various events organised by them, reports of youth meetings in which they take part, etc. It is great because we receive feedback and at the same time, they participate in creation of their section.

■ **Your section has a funny, rhyming name in Slovak ("A Bit of Everything") - how did it appear?**

"A Bit of Everything" is only one column of the section "For the Young" that appears in the Catholic Newspaper every week. I am not sure who invented the name, must have been one of my predecessors. Anyway, I am grateful to them for the idea as I only "inherited" it when I joined the newspaper.

■ **What is the section about?**

The title suggests that, in "A Bit of Everything", the author (myself for the last two years) comments shortly on various issues that the world is focused on. It also includes reflections, funny stories or wise experiences written by life itself.

■ **What do you like best to write about?**

Sometimes I write about a new controversial show, a statement of someone famous or a world affair. Sometimes I share a story with the readers that I read somewhere else or heard from someone else. But I like best to write about people and experiences from my nearest world.

■ **So do you still have enough ideas?**

I must admit that since I was assigned the

task to write the "Bit" every week, I have started to notice things more, to try and remember more of what happens to me, and there does a lot. We all experience many things every day, including enlightening situations. But in the everyday whirl, we often forget them. If you have the feeling that your life is boring or dull, try to write down everything nice that is happening to you. You will be surprised in the evening what an interesting day you had.

■ **What do you think faith means for young people in Slovakia?**

It is true that traditionally, Slovakia is more Christian than the Czech Republic. But the formal faith, passed on from generation to generation, is slowly getting extinct. What remains is the people who have no place for God in their lives on one hand and those who want to live their faith and belief actively on the other hand. It is nice to see young people who do not go to church on Sundays only because they are threatened not to receive any pocket money but who come on workdays, too, organise meetings for younger Christians, sing to praise God... For some young people, faith does not mean anything, for others, it means everything.

■ **And a message to the girl readers :-)**

I wish to encourage every girl, whether younger or older, to pursue her dream, her goal. The efforts and persistence can make miracles.

Thank you for the interview and I wish you a lot of inspiration for your work.

Gabriela Miškovičová was interviewed by
Majka, editor-in-chief

Zlín dream hill



Series Ve znamení koně



Karel Zeman's Studio

Popular movies *Ferda Mravenec*, *Krysáci* or *Znamení koně*. They all have one thing in common. They started to live their lives on the dream hill.

Beginnings of the film department

The film studios in Zlín have history of almost eighty years. They are located on the Kudlov hill, overlooking the city, nicknamed the "Zlín dream hill". The first film department opened in Zlín in the Baťa's factory at some point in 1927. It had four employees, including the director, editor Jaroslav Pagáč.

Autumn Caprices

In 1934, Mr Baťa decided to start making films on his own. The founders of the Zlín studio were Elmar Klos, director and screenwriter, Alexandr Hackenschmied, editor and director of photography; Ladislav Kolda, executive producer, and Jaroslav Novotný, a teacher who focused on educational movies and promoted development of school cinema.

The first movie made with their own means was a commercial, *Autumn Caprices*, advertising Baťa galoshes.

Famous actors in Zlín

The commercials brought a number of famous as well as novice actors to Zlín - Vlasta Burian, Hana Vítová, Jindřich Plachta, Josef Kemr, Karel Höger, Dana Medřická and other stars of that er. Due to their high artistic quality, the commercials received a number of important awards, for example at the international exposition in Paris. They were directed by such personalities as Otakar Vávra or Jindřich Honzl. When Karel Höger was remembering his film beginnings, he was proud to have started as a sales assistant in the advertisements of the Baťa



Vlasta Burian



Film Studio, working his way up to be the manager of a Bata shop. The studios also made documentaries. A movie worth mentioning is *The Last Summer of TGM*, reflecting the end of life of the first President, and a documentary *Crisis*, about the emerging Nazism.

First Film Festival

Zlín film makers organised the Film Harvest (between 1940 and 1941), being the very first film festival in the Czech Republic. However, after two years it was banned by German invaders. The Second World War significantly changed the studios. A year before the end of the war, the cutting room of the studios burnt down together with the entire film archive. The studios also suffered damage during the liberation.

Journey to the Beginning of Time (Cesta do pravěku) and Jurassic Park

In the 1950s, the creative talent of newly hired employees of the studio fully showed. Karel Zeman made the *Journey to the Beginning of Time* which was borrowed forty years later by Steven Spielberg to watch it before shooting the *Jurassic Park*. Zeman's *The Fabulous World of Jules Verne* (Vynález zkázy) won the main prize at the Brussels Exposition and become one of top ten movies of the history ever.



Cesta do pravěku

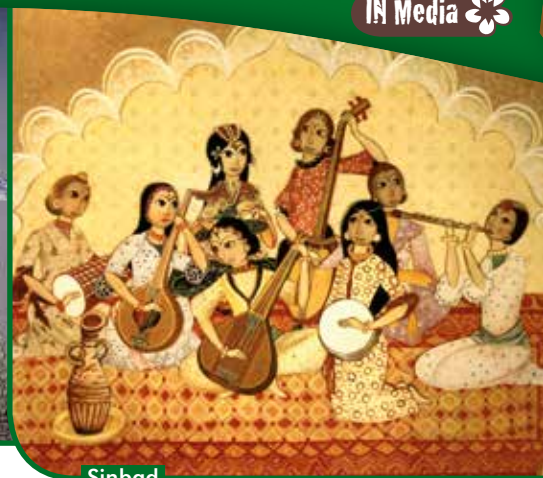


In the meantime, Hermína Týrlová excelled in over a dozen short animated movies for children – *Ferda Mravenec* (Ferda the Ant), *Příhody Brouka Pytlíka* (Stories of Pytlík the Beetle), *Míček Flíček* (Flíček the Ball), *Pasáček vepřů* (Swineherd) and others. At that

Hana Vítová



Hansel and Gretel



Sinbad

time, also Zdeněk Miler, the author of the *Mole* (Krtček) was involved in making animated films. Should you wish to watch the then movies, just go to www.youtube.com and enter "Cesta do pravěku" or "Ukradená vzducholod". All family will enjoy watching these movies, including the grandfather ☺

Journey to Africa and back

At that time, Jaroslav Novotný became a movie teacher of two famous Czech travellers – Jiří Hanzelka and Miroslav Zikmund who travelled together to Africa and South America (1947–1950) where they made a lot of film footage. This resulted in dozens of film reportages, documentaries and scientific movies. Jaroslav Novotný started to teach both travellers, via correspondence, what to film and how to film it so that the movies can be used for further editing. The then communication was not as fast as today's and they had to write a lot when teaching and learning ☺.

Film Festival for Children and Youth

In 1961, the Film Festival for Children and Youth was founded, becoming an international one after five years. Today, it is one of the oldest and largest of its kind in the world. This year, it celebrates its 52nd birthday in Zlín. It is always held in late May/early June. Its topic is selected European cinema whose films and authors are presented there.

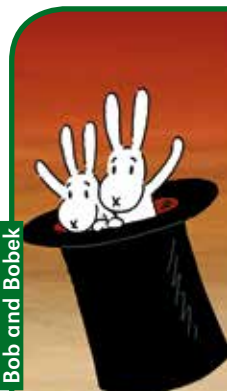
Children's Walk of Fame

One of the most popular supporting programmes of the festival is the Walk of Fame of children stars in front of the Grand Cinema (Velké kino) in Zlín (under the auspices of the Nadační fond Kapky naděje endowment fund). For seven years now, stars have been revealed that are dedicated to former children movie actors. This year, the tribute was paid to Zuzana Bydžovská and Jan Kraus.

Get up and exercise!

Over the last two decades the Zlín studios have made important works, such as good-night fairytales series *Bob a Bobek*, *Pat a Mat*, *Krysáci* and *Berta and Ufo*. The movies *Pánská jízda*, *Brak* and *Proměny*, series *Rančí U Zeleň sedmy* and *Znamení koně* were also made here. Further, the studios have co-produced dozens of other major movie projects.

Jiří Madzia
and editorial team



Bob and Bobek

Berta a Ufo



TOPS OF THE FESTIVAL:

- The festival takes an entire week.
- Three hundred films are shown.
- On average, there are over 100,000 visitors.
- More than 500 famous actors have visited the festival.
- The main prize, Golder Slipper, went to the movies *Slavná pětka* and *Smrt superhrdiny* this year.



Walk of Fame

Do you love mysteries and want to discover the clue? Read about the mysterious robbery and find out who is the burglar. A successful Sherlock will be rewarded!

Burgled Jewellery shop

The jeweller Zach Albans hurried to meet him. "Sherman," he shook the hand of an old friend, "I was thinking that changing a place would also change the fate but this seems not to happen." Albans Zach was burgled before even opening the shop. Sherman and Wilson entered the shop. Two employees were standing there, helpless. "How did it happen?" Sherman asked.

"We were arranging the shop window," Albans answered. "The premises are not suitable yet, not even the bathroom is working. But the opening is tonight so we have to get away with that. At about noon, I went to the back office. I left the entrance door open, there is no air conditioning here. I thought Melanie or Ricky would be up front and look after the goods. They went both out. The thief had enough time to see the jewels, go in the shop and take six rings. Sure they are insured but only for the wholesale price."

"I will do my best," said Sherman and went to Wilson who was shaking hands with Melanie, the shop manager.

"I had to go around the corner to insert next coin in the parking machine," she said and looked at Ricky accusingly. "I told him to stay here. When I came back, the shop was empty and the rings were no longer in the shopping window. I ran to the back of the shop where Zach was making a phone call. He stopped it immediately and we called the Police."

The main suspect? It could be old Zach, frightened Melanie or cunning Ricky

Wilson thanked Melanie and slowly followed Ricky. "I should not have left the door open," said the employee who was accused of negligence. "But I did not know whether Melanie took the key. When she left, I ran to the café next door to the bathroom. As I was not their customer, I only sneaked in and I am not sure whether anybody saw me. When I came back, Zach and Mel were here trying to find out what was stolen."

"Sergeant Wilson, could you please come here?"

The voice was coming from the open yard that belonged to the shop and opened directly to the shop. The policeman was standing under the old apple tree in the centre of the yard, a smile on his face, his hand was dirty with resin and he was holding a small felt sachet. "I looked into the hole in the tree and found this in a crack."

Wilson took the sticky sachet and brought it to the shop. He opened it – all the missing rings were there. "What do you think," whispered Wilson.

"It is clearly an insider issue," said Sherman. The rings could have been taken by Zach when the shop was empty, but Melanie or Ricky, too. The thief hid them in the tree because they knew they could retrieve them later. For the time being, it is useless to speculate which of them was the thief.

Wilson grinned: "Maybe for you, but I already know." Sherman tried hard not to show his surprise. How can he know? Then he realized what must have happened. Wilson knew more than Sherman.

**Who stole the rings?
What evidence did Wilson have?**

The editors wish you a lot of detective spirit. If you do not have a clue, you will find the answer in the next issue ☺



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Our partners: Karmelitánské publishing house, publishing houses: Samuel, Návrat domů, Portál, Paulinky, Sony BMG, Hnutí pro život (Movement for Life), Šalamounky magazine

Compete for a gift FOR YOURSELF

5x

A beautiful 2013 diary

Do you like being in control? Do you keep a diary? Do you like quotes? Enjoy the new year with a diary from us. Answer the question:

What does AD before a year mean?

Eg. AD 2013
Send your answer to soutez@in.cz by 20 November.



Compete for a gift FOR YOUR FRIEND

Super iron-on transfers for your clothes

4x

Make your old jeans look new, or a common T-shirt more interesting. Answer the question:

Which primary colours do you have to mix to get the brown?

Send your answer to soutez@in.cz by 20 November.

Compete for a gift FOR DADDY

2x

• book Tak já teda jdu (I am going, then)

about a journey of 600 km. The finish? Spain, Santiago de Compostela, tomb of James the Apostle

• book Ne já, ale ty (Not me but you)

Speeches and reflections of Bishop Vojtěch Cikrle about everyday life as well as spiritual matters.

Answer the question:
Which James the Apostle is buried in Spain, according to the legend?

Send your answer to soutez@in.cz by 20 November.



This is the time to think about gifts. IN! is bringing you a lot of gifts for the whole family!

Compete for a gift FOR YOUR YOUNGER BROTHER OR SISTER

5x

Holy Night colouring pictures and Old Testament pexeso memory cards

How to make a younger brother or sister have fun? Offer them colouring books, tell the stories and play the pexeso memory game. Answer the question:

Whose wife turned into stone in the Old Testament?

Send your answer to soutez@in.cz by 20 November.



Compete for a gift FOR MUMMY

2x

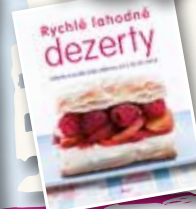
Fast and delicious desserts

Every mother will be happy to have inspiration for fast and simple desserts for guests. You can try some of them on your own.

Answer the question:

How many millilitres is 1/8 of a litre?

Send your answer to soutez@in.cz by 20 November.



Compete for a gift FOR AN OLDER BROTHER OR SISTER

5x

book Jedenáct (Eleven)

What is going to happen if you make a "cheeky" comment for once? Nothing? You are mistaken. It will change lives of eleven people. The book Jedenáct (Eleven) is full of storylines and life stories.

Answer the question:
You have ten, you take fifteen, multiple by height and divide by forty. What will you get?

Send your answer to soutez@in.cz by 20 November.



Compete for a CD

1x

Ewa Farna CD, "Ticho"

(Silence) is a gift that will make everybody happy. It is only up to you to choose that person.

Answer the question:
What is the difference between a song and a chanson?

Send your answers to soutez@in.cz by 20 November.



A GIFT FROM IN!

By purchasing products at www.shop.in.cz you will support the magazine and make someone's day.

PRE-CHRISTMAS OFFER:

BUY A HAPPY T-SHIRT!

A new T-shirt that is funny and smart. It has words of joy. If you manage to live one of the words at least a bit, colour a star on the T-shirt (because something started to shine in your life) or a canary (because you can sing in freedom). You will see your spiritual progress and aims at all times ©...Fingers crossed! IN! We recommend a white T-shirt and black print. The pen to write on textiles is newly offered by INshop.



Words for happy life: Will, Faith, Prayer, Presence, Awakening, Forgiveness, Freedom, Gratitude, Word and Act

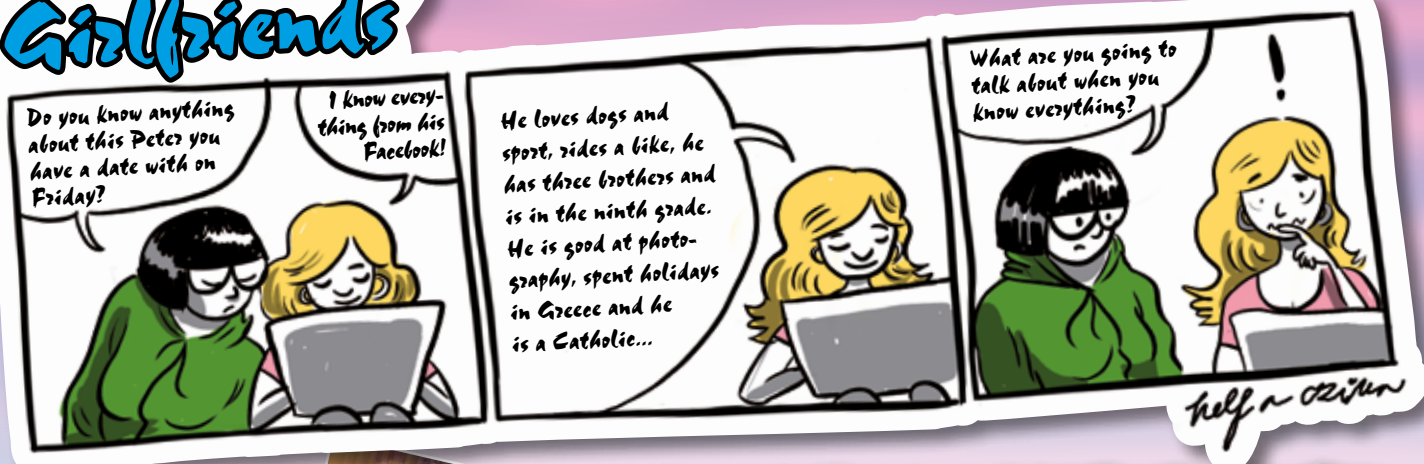
PRAHA HUDEBNÍ FESTIVAL VOX

We are inviting everyone who loves Christian music of various styles. **WHEN:** 24 November **WHERE:** Pastoral care centre, Kolejní 4, Prague 6 - Dejvice. **HOW TO GET THERE:** metro/trams/buses - Dejvická stop

Invitations

VOX
HUDEBNÍ FESTIVAL

Girlfriends



OLOMOUČ

The Elements

The Elements is a Slovak group that is making a tour in the Slovak Republic and the Czech Republic.

WHEN: The unique concert is held on 8 November at 8 p.m. **WHERE:** Olomouc, "U klubu"
"The Time Is Up", a new record, is launched during the tour.

"Nadační fond časopisu IN!" (Magazine IN! Endowment Fund) invites you to co-operate on this magazine.

If you feel the need to help a new generation of girls to grow into independently-thinking young women living in accordance with Christian values, you can contribute with a financial donation. Account for donors **from the Czech Republic: 2200295025/2010**, account for donors **from the Slovak Republic: 2200295025/8330**. The costs of publishing the magazine exceed the sales price for now and that is why we would be grateful for your financial contribution. We extend our warm thanks to the existing donors.

On behalf of the Board of Trustees of the Nadační fond časopisu IN!

P. Jenda Balík, P. Vladimír Novák, Jan Lukeš

More details about the Fund at www.in.cz

• **Attention!** • Att

Attention! • Attention! • Attention! • Attention! • Attention!

ATTENTION!
COMPETITION FOR
FRAGRANCES!

Are you a subscriber of the magazine and deciding whether to renew the subscription?

THIS IS THE RIGHT MOMENT TO DO SO!

All who renew the subscription of IN! for 2013 will compete for a prize in the value of CZK 1,100

What is the prize?



Naomi Campbell
At Night toilet
water. Sparkling
combination of
invigorating ber-
gamot and green
leaves creates
a fragile aroma.
Yellow plum and
jasmine are femi-
nine fragrances.
The elegant fla-
con was inspired
by a pearl. The
toilet water in
the value of
CZK 440.



New modern fragrance Mexx Pure in a transparent flacon enchants with flower-fruit scent. This toilet water in the value of CZK 660 is a combination of sensual flowers, colourful fruits, tea spices and vanilla. It is a fresh scent and will certainly appeal to you.

You may take part in the competition:

- If you renew the annual subscription for 2013.
- Your payment must be credited by 30 November 2012.
- Payments credited between 1 October and 30 November will be drawn to make somebody win the toilet water.

[illegible]